

BIRDIES PLANTING GUIDES

TEMPERATE/COOL ZONE CHARACTERISTICS

- A winter daytime temperature between 5°C and 13°C
- A summer daytime temperature between 16°C and 26°C
- Mid-winter day length of 8.5 hours (15.5 hours of darkness)
- Winter frost and/or significant snowfall possible in some regions
- Rainfall of 600-1000mm, depending on latitude and distance from the coast



	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth Spinach	x	x	x						x	x	x	x
Arrowhead									x	x	x	x
Arrowroot	x	x	x	x	x	x	x	x	x	x	x	x
Artichoke (Globe)			x	x	x	x	x	x	x	x		
Artichoke (Jerusalem)				x	x	x	x	x	x			
Asian cabbages	x	x	x						x	x	x	x
Asian salad greens	x	x	x						x	x	x	x
Asparagus				x	x	x	x	x				
Beans	x	x	x						x	x	x	x
Beetroot	x	x							x	x	x	x
Broad Beans			x	x	x	x	x	x	x			
Broccoli			x	x	x	x	x	x	x			
Brussel Sprouts			x	x	x	x	x	x	x			
Cabbage			x	x	x	x	x	x	x	x	x	x
Capsicum									x	x	x	
Carrots	x	x	x	x					x	x	x	x
Cassava	not recommended											
Cauliflower			x	x				x	x			
Celeriac		x	x	x	x	x	x	x	x	x		
Celery		x	x	x	x	x	x	x	x			
Celery-stem taro	not recommended											
Ceylon Spinach										x	x	x
Chicory	x	x	x	x	x	x	x	x	x	x	x	x
Chilli									x	x	x	
Choko	not recommended											
Chrysanthemum Greens		x	x	x					x	x		
Coffee	not recommended											
Cucumber	x								x	x	x	x
Eggplant									x	x	x	x
Egyptian spinach	x									x	x	x
Endive	x	x	x	x	x	x	x	x	x	x	x	x
Florence fennel		x	x						x	x	x	x
Garden sorrel	x	x	x	x	x	x	x	x	x	x	x	x

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Garlic								x	x	x	x	
Hibiscus spinach	not recommended											
Horseradish	x	x	x						x	x	x	x
Kale	x	x	x	x	x	x	x	x	x	x	x	x
Kohlrabi	x	x	x	x				x	x	x	x	
Leeks	x	x								x	x	x
Lettuce	x	x	x						x	x	x	x
Lotus root	not recommended											
Mangel wurzel	x	x	x	x					x	x	x	x
Moringa										x	x	x
Nasturtium									x	x	x	x
New Zealand Yam									x	x	x	x
Okra										x	x	x
Onions			x	x			x	x	x	x		
Parsnip	x	x	x					x	x	x		
Peas					x	x	x	x	x	x		
Perilla	x	x	x						x	x	x	x
Peruvian parsnip		x	x						x	x	x	
Pineapple	not recommended											
Potatoes	x	x							x	x	x	x
Pumpkin	not recommended											
Radish	x	x	x	x	x	x	x	x	x	x	x	x
Rhubarb							x	x	x			
Rocket	x	x	x						x	x	x	x
Rockmelon	not recommended											
Rosella	not recommended											
Silver beet	x	x							x	x	x	x
Spinach				x	x	x	x	x	x			
Squash	x								x	x	x	x
Strawberry									x	x	x	
Surinam spinach	x								x	x	x	x
Swede		x	x	x	x	x	x	x	x	x	x	
Sweet corn	x									x	x	x
Sweet leaf	not recommended											
Sweet potato	not recommended											
Taro	not recommended											
Tea	not recommended											
Tomatoes	x	x	x						x	x	x	x
Turnip		x	x	x	x	x	x	x	x	x		
Water chestnut										x	x	
Water spinach	not recommended											
Watercress	x	x	x						x	x	x	x
Watermelon	not recommended											
Zucchini	x									x	x	x